

Put Your Story Together!

Hi! My name is _____

I live in _____

I want to talk with you today about _____

Explain how the issue personally affects you, your family, or your community. Focus on real-life challenges caused by current policies and how this bill would change that.

- Make it local: If possible, connect your story to the Senator's or Representative's district or state (e.g., "In [State], thousands of disabled people are forced to live in poverty because of outdated asset caps.").
- End with a call to action: Ask the legislator to support or oppose the bill and explain why their leadership matters.

This matters to me because

I hope my story encourages you to _____

Thank you for listening to me. We need your help and support!

10 Tips to Remember!

Before the Meeting: Prepare & Strategize

1. Know Your Legislator & Their Influence
2. Clarify Your Ask & Be Specific. Tell them if you want them to support or oppose.
3. Bring your fact sheets and talking points (Keep It Under 5 Minutes)

During the Meeting: Engage & Persuade

4. Lead with a Personal Story (Keep It Under 3 Minutes)
5. Build Relationships with Staff & Legislators
6. Listen & Engage Thoughtfully
7. Remain Professional and Respectful

After the Meeting: Strengthen the Impact

8. Send a Follow-Up Thank-You Email
9. Track & Sustain Engagement
10. Mobilize & Stay Informed