

# Put Your Story Together!

Hi! My name is \_\_\_\_\_

I live in \_\_\_\_\_

I want to talk with you today about \_\_\_\_\_

Explain how the issue personally affects you, your family, or your community. Focus on real-life challenges caused by current policies and how this bill would change that.

- Make it local: If possible, connect your story to the Senator's or Representative's district or state (e.g., "In [State], thousands of disabled people are forced to live in poverty because of outdated asset caps.").
- End with a call to action: Ask the legislator to support or oppose the bill and explain why their leadership matters.

This matters to me because

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I hope my story encourages you to \_\_\_\_\_

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Thank you for listening to me. We need your help and support!

# 10 Tips to Remember!

## Before the Meeting: Prepare & Strategize

- 1. Know Your Legislator & Their Influence**
- 2. Clarify Your Ask & Be Specific. Tell them if you want them to support or oppose.**
- 3. Bring your fact sheets and talking points (Keep It Under 5 Minutes)**

## During the Meeting: Engage & Persuade

- 4. Lead with a Personal Story (Keep It Under 3 Minutes)**
- 5. Build Relationships with Staff & Legislators**
- 6. Listen & Engage Thoughtfully**
- 7. Remain Professional and Respectful**

## After the Meeting: Strengthen the Impact

- 8. Send a Follow-Up Thank-You Email**
- 9. Track & Sustain Engagement**
- 10. Mobilize & Stay Informed**