



## Explorers

Explorers is a social recreation program from Community Connections that offers adults with IDD/ASD opportunities to gain experience and new things, learn social skills and develop meaningful friendships. They experience more inclusiveness in the communities where they live and work and an opportunity to pursue their lifelong hopes, goals, and dreams. Explorers offer real-life experiences for the people we serve, "let's have fun and learn about each other." It is also an opportunity for the community to see the people we serve and the wonderful things that they bring to any group.

### May 2026 EVENTS

#### **Pottery Painting at Starfish Shoppe & Studio in Dennis Port Fridays, May 1 & 15**

Are you creative or want to learn about Pottery and Painting? A great way to make gifts for friends and family is by creating pieces during classes.

**Join us from 3:30 pm – 5:00 pm. Limited to 4 participants.**

**Cost: \$50.00 per participant. Includes a piece of pottery each session, round-trip transportation from Community Connection to the studio. Transportation leaves Community Connections at 2:30 pm.**

#### **Dinner and Dancing at The Cove in West Yarmouth Saturday, May 2**

Join your community for a night of food, music, and celebration. Share a meal, connect with new faces, and enjoy an evening filled with dancing and fun. Everyone is welcome!

**Join us from 6:00 pm – 10:00 pm. Limited to 4 participants**

**Cost: \$125.00. Includes dinner and transportation from Community Connections to and from the event.**

## **Academy of Performing Arts Orleans Presents: The Glass Menagerie Sunday, May 3**

A faded remnant of Southern gentility, Amanda Wingfield lives in poverty in a dingy St. Louis apartment with her son Tom and daughter Laura. Focused on securing their future but shattered by her husband's abandonment, Amanda collides with her children's dreams and ambitions. While Tom feels trapped by his life – seeking escape through alcohol and the movies – Amanda pressures her sensitive, physically handicapped daughter Laura to find a husband, crushing their relationship and Laura's fragile self-esteem. As attention turns to securing a suitor for Laura, Tom invites his acquaintance Jim to dinner, and the fine thread that connects dignity to desperation is pulled taut as their mother sees a possibility for her daughter. A drama of great tenderness, charm and beauty, *The Glass Menagerie* is one of the most famous plays of the modern theatre.

**Join us from 1:00 pm – 6:00 pm. Limited to 4 participants**

**Cost: \$125.00 per participant. Includes ticket to performance, round-trip transportation from Community Connections to the event**

## **CCCAN Monday Night Art Exploration at Cotuit Center for the Arts Mondays, May 4, 11 & 18**

Join us for 3-week sessions designed to stretch your creativity and introduce new techniques. You will work with a Cape Cod CAN instructor for three weeks at a time exploring a single theme or technique. Join us and explore!

**Join us from 5:00 pm – 8:00 pm. Limited to 4 participants.**

**Cost: \$95.00 for 3 classes. Includes class and transportation from Community Connections to and from the event.**

## **Bowling at Ten Pin Eatery, Hyannis Tuesdays, May 5, 12, 19 & Friday, May 29**

Let's have a fun time as we bowl together and develop friendships. It's a wonderful way to exercise and have fun with friends. This event is for all skill levels and ages.

**Join us from 4:00 pm – 5:30 pm. Limited to 8 participants.**

**Cost: \$30.00 per participant, per event. Includes 2 games and shoes. We will meet at Ten Pin Eatery Cape Cod Mall on Tuesdays. If you wish to purchase food or snacks, please bring money. \*Transportation from Community Connections will leave at 3:00 pm and return at 6:00 pm.**

## **Cape Cod Wellness Works in Mashpee - Chair Yoga Wednesdays, May 6, 13, 20 & 27**

**Chair Yoga** is a gentle form of yoga where postures are performed while seated or with the support of a chair. It is especially suited for individuals with physical disabilities, older adults, or anyone who finds a traditional yoga class challenging. Chair yoga is also perfect for beginners or anyone looking for gentle, mindful practice.

Like traditional yoga, chair yoga helps improve **flexibility, strength, and body awareness**. When standing poses are included, the chair provides support to enhance **balance and stability**.

Almost any standard yoga pose can be adapted for chair yoga, including **backbends, twists, hip openers, and forward folds**, making it a versatile and accessible practice for all.

**Join us from 11:00 am – 2:00 pm. Limited to 4 participants.**

**Cost: \$75.00 for each event. Includes class and transportation from Community Connections to and from the event.**

## **Cooking Class at Dennis Union Church Rt. 6A Dennis Wednesdays, May 6, 13, 20 & 27**

Do you like having fun, making delicious meals, and making new friends and relationships? You have come to the right place - let's cook together! We'll enjoy a meal together, and you'll have a meal to take home.

**Join us from 4:00 pm – 6:00 pm. Limited to 5 participants.**

**Cost: 65.00. Includes a meal during class and a meal to bring home.  
Transportation leaves Community Connections at 3pm and returns at 7pm.**

## **Memory Lane Farm Rescue and Sanctuary. Learning about horses and other animals.**

**Thursdays, May 7 & 21**

Memory Lane Farm Rescue and Sanctuary rescues, cares for, maintains, and trains horses and other animals that have been abandoned, abused or neglected. During your time with the horses, you will learn how to ride a horse as you care for them. Each session, you are encouraged to wear rubber boots and warm clothing as you will be on a farm. They will provide helmets for riding.

**Join us from 9:30 am – 1:00 pm. Limited to 4 participants.**

**Cost: \$110.00 per session. Includes: sandwich from Dennis Public Market, snack and round-trip transportation from Community Connections**

## **Bingo Night Social at Dennis Union Church**

**Thursdays, May 7 & 14**

Community Connections presents Bingo night! Win amazing prizes and it's a great way to meet new people and make new friends.

**Join us from 4:00 pm – 6:00 pm. Limited to 8 participants**

**Cost: \$70.00 per participant. Meet at Dennis Union Church, food & snacks provided. Transportation leaves Community Connections at 3pm and returns at 7pm.**

## **Mini Golf Across Cape Cod**

**Friday, May 8**

Come try your skills as we play mini golf with friends at Privates Cove for starters. After golfing we will get ice cream from one of the local ice cream shops.

**Join us from 4:00 pm – 6:00 pm. Limited to 4 participants.**

**Cost: \$75.00. Includes tickets for golf and ice cream, round-trip transportation from Community Connections. Transportation leaves at 3pm and returns at 7pm.**

## **Boston Duck Tours in Boston**

**Saturday, May 9**

Hop aboard Boston Duck Tours and enjoy a fully narrated and guided, historic tour of Boston in a "DUCK", a W.W.II style amphibious landing vehicle that travels on land and water. You'll be greeted by one of our legendary ConDUCKtors, who'll be narrating your

tour. You'll cruise by all the places that make Boston the birthplace of freedom and a city of firsts, from the golden domed State House to the Boston Common, the historic North End to fashionable Newbury Street, Quincy Market to the Prudential Tower, and more. Just when you think you've seen it all, it's time for a Big Splash as your ConDUCKtor drives the DUCK right into the Charles River for a breathtaking view of the Boston and Cambridge skylines.

**Join us from 9:00 am – 3:00 pm. Limited to 4 participants.**

**Cost: \$260.00 per participant. Includes tickets for the tour, sandwiches from Dennis Public Market, drinks and round-trip transportation from Community Connections to the venue. Bring money for souvenirs and snacks.**

### **Cape Symphony Be Ours Tonight: Elvis and the Symphony at Barnstable Performing Arts Center Sunday, May 10**

Put on your blue suede shoes and celebrate the one and only Elvis Presley with your Cape Symphony Orchestra. You'll hear all your favorite rocking hits and soulful ballads, including "Burnin' Love," "It's Now or Never," "All Shook Up," and more. Relive the magic at this dazzling performance -- there's nothing like the charisma of The King!

**Join us from 2:00 pm – 6:30 pm. Limited to 4 participants.**

**Cost: \$125.00 per participant. Includes tickets to the show and round-trip transportation from Community Connections to the venue.**

### **Computer Gaming Night at Community Connections, South Yarmouth Thursdays, May 14 & 21**

Most people see gaming as a hobby that is entertaining, sociable and a way to wind down. It's one of several interests and activities in their life alongside spending time with friends and family, going to school or work, and their daily responsibilities. Bring your games and share with your friends as we learn about each other. This event is for computer gaming enthusiasts.

**Join us from 5:00 pm – 7:00 pm. Limited to 4 participants.**

**Cost: \$50.00 per participant. Includes: Pizza, drinks, and snacks**

## **The Center at Cape Cod Village Dance Party Friday, May 15**

Welcome Spring and step into the season of bloom and join us for a night filled with music, fun and unforgettable memories.

**Join us from 6:00 pm – 8:30 pm. Limited to 8 participants.**

**Cost: \$40.00 per participant. Includes: Simple snacks, drinks, round-trip transportation from Community Connections to the event.**

## **Dinner and Movie in your community Saturday, May 16**

Do you enjoy going out for a meal and a movie with friends? You have come to the right place as we make friendships and visit local eateries and cinema.

**Join us from 3:00 pm– 8:30 pm. Limited to 4 participants.**

**Cost: \$150.00 Includes: round-trip transportation from Community Connections, dinner and movie.**

## **Visit to Buttonwood Park Zoo in New Bedford Monday, May 18**

The Buttonwood Park Zoo, established in 1894, is the 12th oldest zoo in the United States and has been an important part of the Southcoast community for 130 years. The Zoo features over 240 species, most notably Asian elephants, red pandas, cougars, eagles, seals, otters, South American primates and numerous waterfowl species. BPZOO is accredited by the Association of Zoos and Aquariums and has been recognized as “one of the finest small zoos in the United States”.

**Join us from 9:00 am– 2:00 pm. Limited to 4 participants.**

**Cost: \$135.00 Includes: Includes transportation to and from the event from Community Connection, Ticket for zoo, sandwich from Dennis Public Market, drinks and snacks.**

## **Movie & Dinner at Dennis Union Church Tuesday, May 26**

Come and have a delicious meal with friends and watch a movie together. It is a wonderful opportunity to make friends. The meeting place is at Dennis Union Church 713 Main St. Dennis MA. If you need transportation to the event from Community Connections in South Yarmouth, please let me know 1 week in advance.

**Join us from 4:30 pm - 7:30 pm. Limited to 15 participants.**

**Cost: \$65.00 per participant. Includes: movie, dinner, and dessert. Transportation leaves Community Connections at 3:30 pm and returns at 8:30 pm**

## **Community Connections Fundraiser: “Meatballs & Murals” at Our Lady of Victory Parish, Centerville MA Thursday, May 28 5:30pm – 8:00pm**

Enjoy a delicious meal with family and friends and add your creative touch to the community canvas. This inclusive event is expected to bring together up to 150 Cape Cod program participants, their families and friends, sponsors, supporters, and members of our area communities to socialize over a casual meal and share in the excitement of a silent auction. Scan or click for details and to purchase your tickets.

<https://communityconnectionsinc.org/Meatballs-and-Murals>



**Join us from 5:30 pm – 8:00 pm. Cost is \$20.00 per ticket.  
Additional cost for transportation from your home  
to the event and back.**

### **Payment and Reservations:**

**\*Additional transportation is available from your home to the meeting place at an additional cost.**

Call Valerie at 508-744-1130 to reserve your attendance or email: [vdubois@ccimass.org](mailto:vdubois@ccimass.org)

**Please make checks payable to: Community Connections Inc.** and put Explorers on the memo line.

**Mail to:**

**ATTN Valerie Du Bois/Explorers  
261 Whites Path Unit #1  
South Yarmouth, MA 02664**